## ESSER II Creative Space

We invite you to review the items below to facilitate creative thinking on the specific topic presented.

Providing mental health services and supports

- Does your LEA have SEL programming currently in place? How have you adapted your programming to support your virtual learners?
- Consider contracting with a local mental health organization. If possible, work to get a set amount of free sessions for all students and staff.
  - How are you supporting your staff's mental health throughout these challenging times? How are you supporting your own? Consider visiting our SEBW page for resources and ideas <a href="here">here</a>.
- Consider visiting the CASEL site for more ideas on social emotional learning and supports.
  - Are you continuing your preventative education? Suicide rates have risen throughout this pandemic; education and support are essential.
  - How are your social workers and guidance counselors adapting throughout this time? Do they have access to needed materials and support? Consider reaching out and checking in with them to ensure their needs are met.
    - What supports, information, or education do you have available for your families? Could this funding support distributing SEL information and supports to your families?

